

## Parent Resource Guide

### Pediatricians

Academy Park Pediatrics  
7373 W Jefferson Ave #102  
Lakewood, CO 80235  
303-988-5252  
[www.academyparkpeds.com](http://www.academyparkpeds.com)

Arapahoe Park Pediatrics  
7780 S Broadway #220  
Littleton, CO 80122  
303-795-2345  
[www.arapahoeparkpediatrics.com](http://www.arapahoeparkpediatrics.com)

Focus on Kids Pediatrics  
5920 S Estes St #250  
Littleton, CO 80123  
303-972-7337  
[www.focusonkidspeds.com](http://www.focusonkidspeds.com)

Greenwood Pediatrics Southwest  
10901 W Toller Dr #101  
Littleton, CO 80127  
303-973-3200  
[www.greenwoodpediatrics.com](http://www.greenwoodpediatrics.com)

Littleton Pediatric Medical Center  
8340 Sangre De Cristo Rd #106  
Littleton, CO 80127  
303-979-1234  
[www.littletonpeds.com](http://www.littletonpeds.com)

Pediatrics West  
13402 W Coal Mine Ave #200  
Littleton, CO 80127  
303-973-9300  
[www.pediatricswest.org](http://www.pediatricswest.org)

### Pediatric Dentists

Denistry for Children  
404 E Mineral Ave  
Littleton, CO 80122  
303-798-4400  
[www.drgoodsmiles.com](http://www.drgoodsmiles.com)

Kids to College Pediatric Dentistry  
10146 W San Juan Way #220  
Littleton, CO 80127  
303-979-9500  
[www.kids2collegedds.com](http://www.kids2collegedds.com)

Littleton Kids Dental & Orthodontics  
10184 W Belleview Ave #110  
Littleton, CO 80127  
303-973-4424  
[www.littletonkidsdental.com](http://www.littletonkidsdental.com)

Southwest Family Dentistry  
9200 W Cross Dr  
Littleton, CO 80123  
720-506-9938  
[www.southwestfamilydentistry.com](http://www.southwestfamilydentistry.com)

Southwest Pediatric Dentistry  
6931 S Peirce St  
Littleton, CO 80128  
303-978-1104  
[www.swpdo.com](http://www.swpdo.com)

Summit Family Dentistry  
12999 W Bowles Dr  
Littleton, CO 80127  
303-625-7997  
[www.summitfamilydentistry.com](http://www.summitfamilydentistry.com)

## **Emergency and Urgent Care**

Century Health ER & Urgent Care  
3280 S Wadsworth Blvd  
Lakewood, CO 80227  
303-649-3620  
[www.centura.org](http://www.centura.org)

SCL Health Community Hospital  
8515 W. Coal Mine Ave  
Littleton, CO 80123  
720-573-5020  
[www.sclhealthcommunity.org](http://www.sclhealthcommunity.org)

Swedish Medical Center ER  
501 E Hampden Ave  
Englewood, CO 80113  
303-788-5000  
[www.swedishhospital.com](http://www.swedishhospital.com)

Swedish Southwest ER  
6196 S. Ammons Way  
Littleton, CO 80123  
303-932-6911  
[www.swedishhospital.com](http://www.swedishhospital.com)

UC Health Emergency Room  
13351 W. Bowles Ave  
Littleton, CO 80127  
720-922-4120  
[www.uchealthemergencyroom.com](http://www.uchealthemergencyroom.com)

## **Pediatric Eye Doctors**

Mountain Vista EyeCare & Dry Eye Center  
7761 Shaffer Pkwy, Ste 200  
Littleton, CO 80127  
303-979-4505  
[www.mountainvistaeyecare.com](http://www.mountainvistaeyecare.com)

Highlands Ranch HD Eye Care  
8677 S Quebec St, Ste A  
Highlands Ranch, CO 80130  
303-479-4771  
[www.hdeyecare.com](http://www.hdeyecare.com)

## **Pediatric Occupational Therapy**

Blackbird Therapy Group  
Tia Gamelin, OTR/L  
303-472-1746  
[www.blackbirdtherapygroup.com](http://www.blackbirdtherapygroup.com)

Peak Pediatric Rehabilitation  
5951 Middlefield Rd, Ste 100  
Littleton, CO 80123  
720-328-9920  
[www.peakpediatricrehabilitation.com](http://www.peakpediatricrehabilitation.com)

Play Therapy at LifePaths Counseling  
Gina Hebb, LPCC  
6901 S Pierce St. #350  
303-801-7878  
Lifepathscounseling.com

## **Pediatric Ear, Nose, Throat**

Rocky Mountain Pediatric ENT Associates  
2055 N High St #110  
Denver, CO 80205  
303-301-9019  
[www.rockymountainkidsent.com](http://www.rockymountainkidsent.com)

## **Child Find Colorado**

Visit website to find a Child Find Contact in your area for a screening or evaluation  
[www.cde.state.co.us/early/childfinddirectoryinfo](http://www.cde.state.co.us/early/childfinddirectoryinfo)  
or call  
1-888-777-4041

## **Jefferson Center for Mental Health (JCMH)**

[www.jcmh.org](http://www.jcmh.org)  
Access to Services 303-425-0300  
Colorado Crisis Services 1-844-493-8255

## Family Counseling

Real Life Creative Counseling  
Amy Wheeler, MA LPC  
Therapist, Coach, Consultant, Speaker  
720-634-LIFE (5433)

[amy@reallifecreativecounseling.com](mailto:amy@reallifecreativecounseling.com)  
[www.RealLifeCreativeCounseling.com](http://www.RealLifeCreativeCounseling.com)  
Blog [www.live-love-thrive.com](http://www.live-love-thrive.com)

## Speech and Language Services

Blackbird Therapy Group  
Nan Butler, SLP-CCC  
303-472-1746

[www.blackbirdtherapygroup.com](http://www.blackbirdtherapygroup.com)

Cobblestone Speech, Language & Learning  
10579 Bradford Road Suite #104 Littleton, CO 80127  
303-952-9038

Foothills Speech & Language  
26 W Dry Creek Suite #425 Littleton, CO 80120  
303-794-4900

## Insurance Assistance

Connect for Health Colorado  
855-PLANS-4-YOU (855-752-6749)  
[www.connectforhealthco.com](http://www.connectforhealthco.com)

## Food Pantries

FBR Mobile Pantry  
Red Rocks Community College  
13300 W 6<sup>th</sup> Ave  
Lower parking lot on 6<sup>th</sup> Ave service rd & Arbutus Dr.  
Lakewood, CO 80228-1255  
303-371-9250

Open Arms Food Bank  
6500 W Coal Mine Ave  
Littleton, CO 80123  
720-288-0155  
[www.openarmsfoodbank.org](http://www.openarmsfoodbank.org)

St Mary Parish Pantry  
6853 S Prince St  
Littleton, CO 80120  
303-798-8506  
[www.stmarylittleton.org](http://www.stmarylittleton.org)

## Assistance with Bills

[www.needhelppayingbills.com](http://www.needhelppayingbills.com)

## General Assistance

Mile High United Way  
Call 2-1-1  
Text 898-211

[www.unitedwaydenver.org](http://www.unitedwaydenver.org)

Government Benefits  
[www.benefits.gov](http://www.benefits.gov)

Jefferson County Human Services  
[www.jeffco.us/793/Human-Services](http://www.jeffco.us/793/Human-Services)

## Parks and Rec Centers

Powderhorn Park  
11501 W Coal Mine Ave  
Littleton, CO 80127

Water's Edge Park  
12819 W Coal Mine Ave  
Littleton, CO 80127

Ridge Recreation Center  
6613 S Ward St  
Littleton, CO 80127  
303-409-2333  
[www.ifoohills.org](http://www.ifoohills.org)

Lilley Gulch Recreation Center  
6146 S Holland Way  
Littleton, CO 80123  
303-409-2500  
[www.ifoohills.org](http://www.ifoohills.org)

## Child Abuse & Neglect Hotline

Denver: 720-944-3000

Statewide: 1-844-CO-4-KIDS (264-5437)

